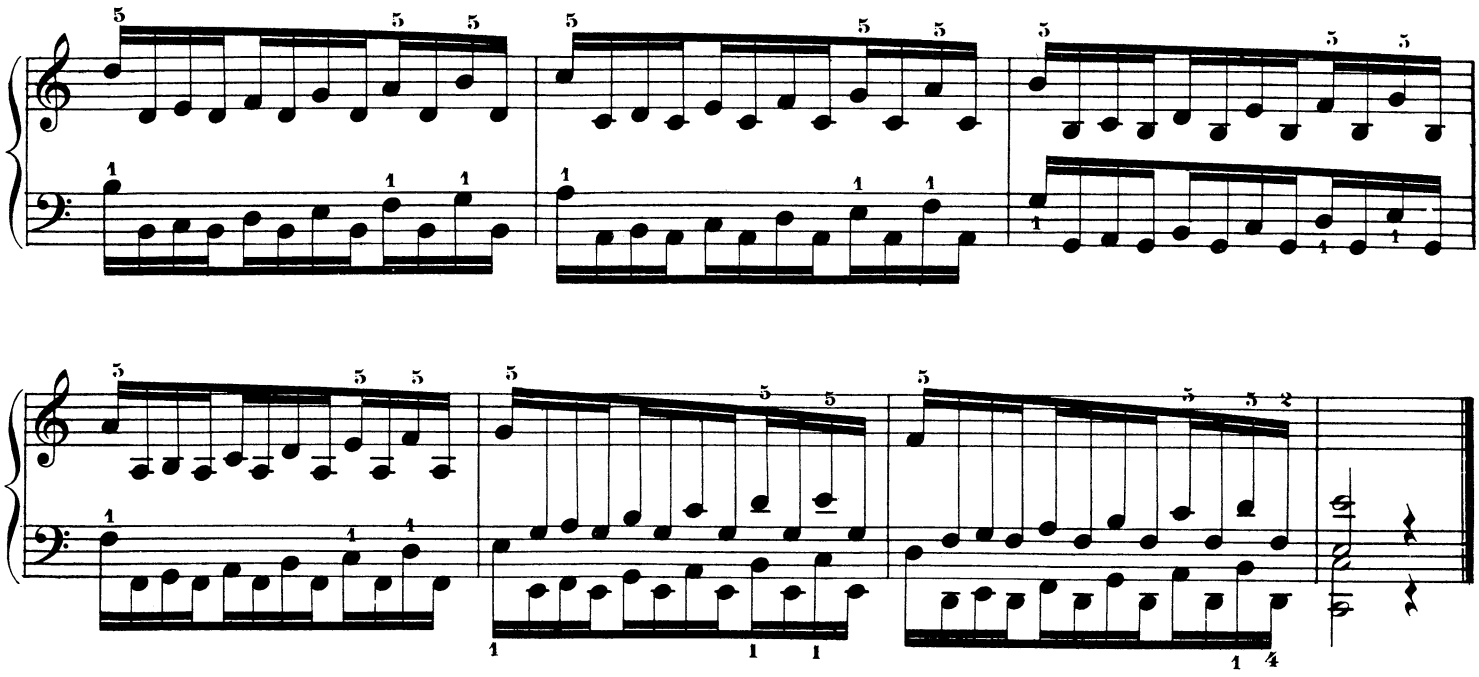
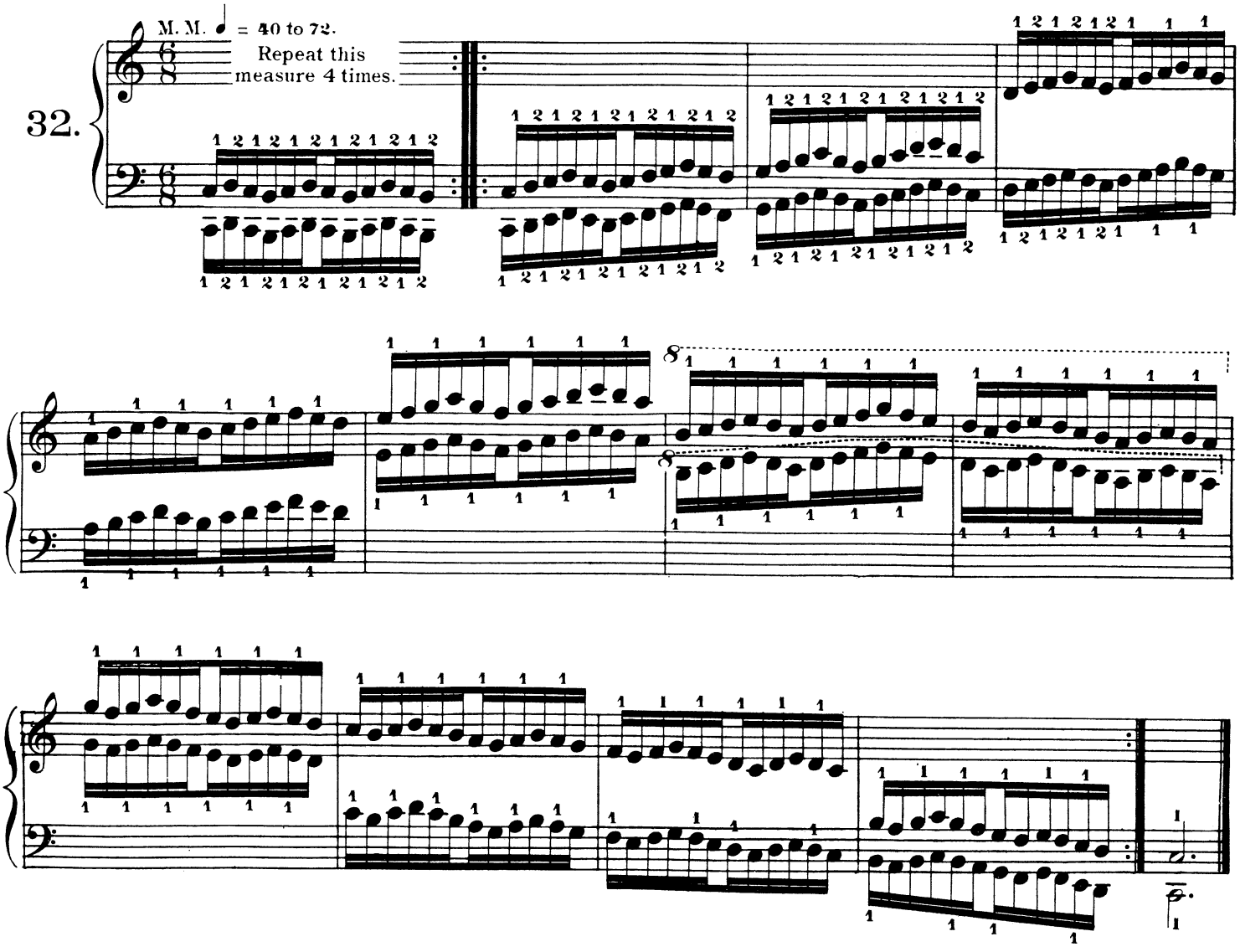


Turning the thumb under.

Turning the thumb under the 2nd finger.